

Basic Esthetics Curriculum & Hours of Instruction Requirement
 600 Hour Requirement
 Regulation: 18 VAC 41-70-190

		Theory Complete	Instructor Initials
1.	Orientation and business topics - minimum of 25 hours of instruction		
	School policies		
	Management		
	Sales, inventory and retailing		
	Taxes and payroll		
	Insurance		
	Client records and confidentiality		
	Professional ethics and practices		
2.	Laws and regulations - Minimum of 10 hours of instruction		
3.	General sciences - Minimum of 80 hours of instruction		
	Bacteriology		
	Microorganisms		
	Infection control, disinfection, sterilization		
	Occupational Safety and Health Administration (OSHA) requirements		
	Material Safety Data Sheet (MSDS)		
	General procedures and safety measures		
	Cosmetic chemistry		
	Products and ingredients		
	Nutrition		

4.	Applied sciences - Minimum of 95 hours of instruction		
	Anatomy and physiology		
	Skin structure and function		
	Skin types		
	Skin conditions		
	Diseases and disorders of the skin		
5.	Skin care - Minimum of 255 hours of instruction		
	Health screening		
	Skin analysis and consultation		
	Facial effleurage movements and manipulations		
	Cleansings procedures		
	Masks		
	Extraction techniques		
	Machines, equipment, and electricity		
	Manual facials and treatments		
	Machine, electrical facials and treatments		
	General procedures and safety measures		
6.	Makeup - Minimum of 65 hours of instruction		
	Setup, supplies, and implements		
	Color theory		
	Consultation		
	General and special occasion application		
	Camouflage		
	Application of false lashes and lash extensions		

	Lash and tinting		
	Lash perming		
	Lightning of the hair on body except scalp		
	General		
7.	Body and other treatments - Minimum of 20 hours of instruction		
	Body treatments		
	Body wraps		
	Body masks		
	Body scrubs		
	Aromatherapy		
	General procedures and safety measures		
8.	Hair removal - Minimum of 50 hours of instruction		
	Types of hair removal		
	Wax types		
	Tweezing		
	Chemical hair removal		
	Mechanical hair removal		
	General procedures and safety measures		
9.	Performances	na	na